

December  
2024

# UFF-Humana

## NEWSLETTER



Alma behind the register at UFF Humana Second Hand, Nørrebrogade.



Alma went out collecting clothes with one of UFF-Humana's drivers.

## Knowledge Exchange Trip to Denmark: A Life-Changing Experience

In November, UFF-Humana hosted Alma Kamungere who is the Communications Officer at our sister organization: Development Aid from People to People (DAPP) - Zimbabwe. Here you can read Almas own accounts from her three weeks in Denmark:

*In July 2024, I received an invitation from UFF-Humana to embark on a knowledge exchange trip to Denmark. After overcoming visa challenges, I arrived at Copenhagen Airport on November 10th, where I was warmly welcomed by my hosts, Else Hanne Henriksen and Kaj Henriksen.*

*As I stepped out of the airport, the chilly minus two degrees Celsius temperature hit me, a far cry from the warm Zimbabwean climate I was accustomed to. The unique Danish architecture and infrastructure left me in awe and I couldn't help but feel a sense of excitement and wonder.*

*During my stay, I had the privilege of meeting the incredible team at UFF-Humana, exchanging ideas, and presenting my work to various audiences, including school children, partners and Danish citizens. The experience was enlightening and I gained valuable insights into the fundraising programs in Europe, particularly UFF-Humana's second-hand and textile reuse initiatives.*

*I also had the opportunity to visit the warehouse, Humana People to People Deutschland and several second-hand shops in Denmark and Germany. These experiences broadened my understanding of the fundraising landscape in Europe and the efforts that go into supporting projects in Africa, including those implemented by DAPP Zimbabwe.*

*The knowledge exchange aspect of the trip was invaluable. I visited Lindersvold School, a Humana People to People institution that trains Development Instructors. Interacting with the students, who were on the cusp of embarking on practical lessons in Zambia and India, was a highlight of my trip.*

*Beyond the formal program, I had the chance to capture the beauty of Denmark through photography, engage with our audience on social media and participate in meetings with the Communications Officer for UFF-Humana, Katrine Leth.*

*My time in Denmark was nothing short of remarkable. From marveling at the country's impressive infrastructure, including wide roads and reliable electricity, to experiencing the efficiency of the railway transport system, the wonders of self-driving trains and the impressive recycling and reuse initiatives, every moment was a revelation.*

*As I reflect on my journey, I am reminded of the importance of collaboration, maintaining partnerships and knowledge exchange. As the person responsible for Communication and Advocacy at DAPP Zimbabwe, I return home with a renewed sense of purpose and a plethora of ideas to promote our work, share our stories and attract funding.*

*Lastly, my experience in Denmark reinforced my belief that racism is a mentality that can be changed, and that, as human beings, we are all equal. I am grateful to UFF-Humana for this enriching experience and look forward to continued collaboration and knowledge sharing.*

**Alma Kamungere, DAPP-Zimbabwe**

## NEWS FROM ZIMBABWE

Because we had the privilege of having Alma Kamungere with us, we made sure to have her write out current updates from the projects in Zimbabwe that UFF-Humana supports. Therefore we are excited to share the latest updates on our DAPP Zimbabwe projects. On the following pages you can dive into stories about progress and development from someone who has witnessed them first hand. Enjoy.

### Makoni project Close Out

We are pleased to announce the successful completion of the Zimbabwe Makoni project, funded by Civil Society in Development (CISU) through UFF-Humana. The 18-month initiative, "Building Community-led Resilience through Climate Change Adaptation Actions in Makoni District," concluded on November 1st, having achieved its objectives.

Launched in May 2023, the project was implemented in partnership with government departments and benefited 200 smallholder farmers, thanks to CISU's funding support. The project brought significant improvements to the four established gardens, with Mabvazuva Garden being a standout example. This garden was transformed from a small, unfenced plot to a thriving agricultural project, complete with fencing, a borehole, solar-powered water-pumping system, drip irrigation, orchard, compost area, fish pond, piggery and six crop varieties.

The farmers' strategic linkages to loans and markets yielded significant benefits, enabling them to profit from cultivating cash crops such as butternuts, watermelons and green beans. Additionally, the initiative successfully diversified farmers' income streams, with many now thriving in fish farming, piggery, chicken, and honey production. The project's success has garnered significant attention, with plans for a "look-and-learn" visit and an official visit from a government minister. DAPP also intends to assess the garden's economic value.

We are proud of the impact we've made in the lives of the farmers and their communities and grateful for the funding from CISU that made this project possible.



In the model gardens, the farmers grow many different crops.



The Playground at the Children's Home is almost always in use!

### Ponesai Vanhu Children's Home

In 2024, UFF-Humana reaffirmed our commitment to supporting Ponesai Vanhu Children's Home (PVCH), a DAPP Zimbabwe Project that provides a loving home to 51 orphaned, abandoned and vulnerable children aged 2-18 years.

Through partnerships and sponsorships, UFF-Humana provided cash and in-kind support to PVCH.

This support helps to transform the lives of the children, equipping them with essential skills and knowledge. PVCH's partnership with the Department of Social Welfare, Registers' Office and Ministry of Health and Child Care ensures that all children have access to essential services including birth certificates.

UFF-Humana remains committed to supporting vulnerable children in Zimbabwe. We invite donors and well-wishers to partner with us in making a positive impact on their lives.

## Climate adaption in Chimanimani

At DAPP Zimbabwe and UFF-Humana, our efforts are focused on changing lives and building resilience, particularly in areas most vulnerable to climate change. Chimanimani District in Manicaland province, Zimbabwe, is one such area having experienced a surge in climate-related disasters, including cyclones, floods and droughts. These natural calamities have severely impacted infrastructure, agricultural livelihoods and human settlements.

In response, UFF-Humana and DAPP Zimbabwe have partnered to implement a climate change adaptation project in Chimanimani District. This 24-month project, launched on July 1, 2024, is funded by Civil Society in Development (CISU), a Danish organization, with a grant of DKK 2,800,000 (USD 412,979.00).

The project aims to enhance the absorptive, adaptive and transformative capacity of the community and local authorities. Key objectives include: Promoting climate-resilient agriculture among smallholder farmers, enhancing climate information management, strengthening disaster risk reduction capacities and establishing and strengthening Farmers' Clubs to provide

training, technical support and market linkages to smallholder farmers.

We look forward to sharing updates on this project and its impact on the communities in Chimanimani, Zimbabwe.



Farmers receiving education about water irrigation systems.

## HOPE Bindura

Under HOPE Bindura there is a special program, committed to uplifting and empowering young women in Bindura rural district, Zimbabwe. As part of this initiative, we awarded scholarships to 8 vulnerable girls, enabling them to acquire vocational skills at Ponesai Vanhu Technical College, a DAPP Zimbabwe vocational training institute. The one-year scholarship program, which commenced in 2024, covers theoretical and practical training, with the students expected to complete their studies June 2025. To further support the students, the project is collaborating with the college to secure

attachment placements within Bindura district, starting January 2025. The 8 scholarship recipients are enrolled in various courses, including Beauty Therapy, Baking and Confectionary Studies, Garment Construction and Motor Vehicle Maintenance. These skills will enhance their employability and equip them to start their own businesses, promoting economic empowerment and self-sufficiency.

By providing access to education and skills training, HOPE Bindura is helping to break the cycle of poverty and create a brighter future for these young women.



The girls showcasing their home made knitwear.



Runyararo, Shantel and Eve in their school uniforms.

# OTHER NEWS FROM UFF-HUMANA

## New store opened in Istedgade

The new UFF Humana Second Hand shop, located on Istedgade 97, opened its doors and invited visitors into the very charming premises in the heart of Vesterbro, on November 1, 2024. The opening day went very well, and there was even a queue along Istedgade in the minutes leading up to the opening. We look forward to following the shop's future development.



Alma Kamungere also paid a visit to the new store.



The very atmospheric premises on Istedgade 97 are now filled with trend and vintage pieces.

## Environmental Report 2024

For the second year running, UFF-Humana published an Environmental Report. The report focuses on the association's activities from an environmental perspective - it describes UFF-Humana's processes and environmental efforts in detail, but it also addresses larger issues, such as the export of clothing and discusses the future of textile collection more generally. The report is an information tool, which can be distributed to current and potential partners and stakeholders.



**Miljørapport**  
2024



The report is available at [uff.dk](http://uff.dk).

## Staff trip to Dyrehavsbakken

In August we had a UFF-Humana's staff trip to "Dyrehaven". The day started with a horse-drawn carriage ride, followed by a trip to Dyrehavsbakken, where the employees tested their nerves on various rides. The day ended with a meal in more relaxed surroundings.



Group photo with the horse-drawn carriages.

## Founding of the Nordic Textile Network

The founding meeting of the Nordic Textile Network was held on July 3, 2024. Representatives, who all work with used textiles and have charity as part of their purpose, attended from Denmark, Norway and Sweden. The Nordic Textile Network will work together towards getting the highest possible value from the textiles, that have already been produced. The Network is committed to practicing and promoting environmentally friendly handling of textiles in accordance with the waste hierarchy. UFF-Humana's environment and recycling advisor, Kaj Pihl, commented on the founding of the network: "The area of (used) textiles is changing. The network will help to ensure that it remains possible to collect used clothing to support good causes."



In the picture from left: Carlos Cambuta (guest), Trond Narvestad (Humana Sweden), Karolina Skog, Chairman of the Board (Swedish City Missions) and Lars Råsberg, board member (Human Bridge).

## Environmental education in Guinea-Bissau

The Teacher Training College in Bachil, Guinea-Bissau, has been working with an initiative that focuses on the connection between environment and health, since the end of 2023. The program is about the health of both the individual and our planet, and trains teachers through interdisciplinary courses that promote environmental engagement and social responsibility. The goal is to develop effective, inclusive and concrete solutions, which teachers can share with the most vulnerable people living in rural areas, who are close to the effects of climate change. Teachers are trained to develop initiatives tailored to the specific needs of their local communities to promote the environment, health and climate resilience. We look forward to following the further development of the project.



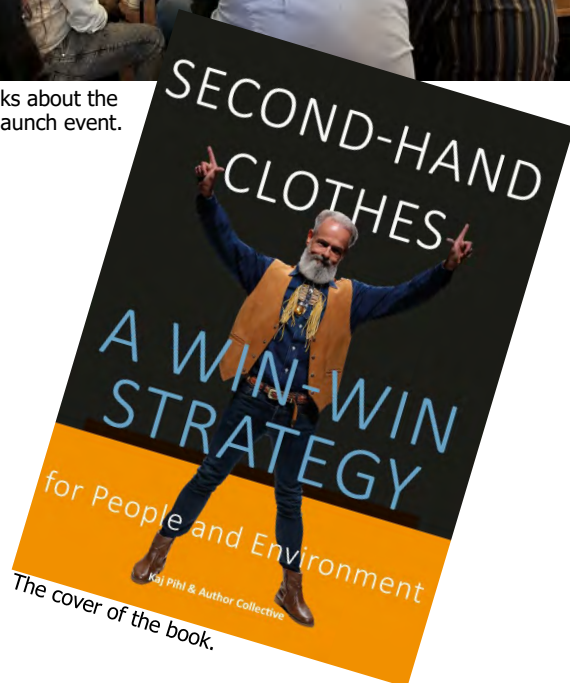
Students pose with a manual on environmental health.

## New book to highlight potentials of recycled clothing

A collective of authors, including UFF-Humana's recycling advisor, Kaj Pihl, has published the book "Second-Hand Clothes, A Win-Win Strategy for People and the Environment". The book takes the reader on a journey through history, all the way from biblical times up to present day. The main purpose is to describe why recycled clothing makes sense in more than one way. You can buy a copy of the book for 100 dkk. – just write an email to [info@uff.dk](mailto:info@uff.dk), and we will send you a copy.



Kaj Pihl talks about the book at a launch event.



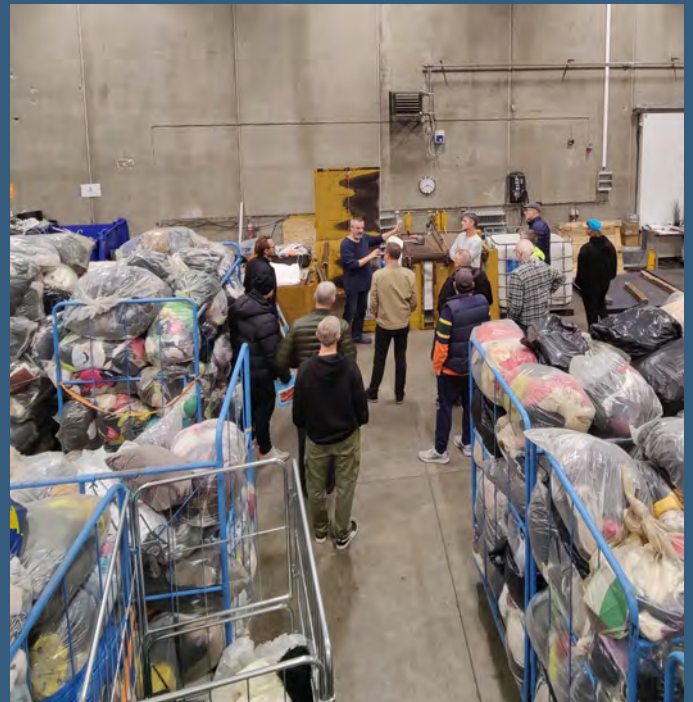
The cover of the book.

# UFF-Humana wins tenders from Refa and ARC

Over the autumn, UFF-Humana bid on two public tenders – and won both.

The first tender came from Amager Resource Center (ARC) and concerns the collection of both clothing for reuse and textile waste from ARC's recycling sites. UFF-Humana has collaborated with ARC since 2016, and look forward to the continued collaboration, which has always been characterized by good dialogue and exchange of knowledge. The second tender came from Refa, a waste company operating on the islands Lolland and Falster. This tender covers the collection of clothing for reuse.

At UFF-Humana, we still notice a growing interest from the municipalities in finding competent handlers for the textile waste that they collect themselves, and we are happy to be able to contribute to this.



A group of employees from ARC visiting UFF-Humana.

## New Gift Cards

UFF Humana Second Hand has gotten nice new Gift Cards, which are available in all three stores: Vesterbrogade 50, Nørrebrogade 34 and Istedgade 97 in Copenhagen.



The gift cards are available in three different designs.

## Donations

We gratefully accept money, good second-hand clothes, shoes, bicycles, sewing machines, etc.

Monetary gifts are deposited into our collection account reg. no. 8401, account no. 0001295221 in Merkur Cooperative Fund, or mobilepay no. 234357.

If you have things or clothes that you would like to donate, send an email to [elsehanne@uff.dk](mailto:elsehanne@uff.dk) or call 23 34 42 98.

Remember that your donations are tax-free, and remember to write your name on the payment.



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